

Train's Off the Track

American Folksong
Arr. Michael R. Nichols

V
R

Oh, the train's off the track, and I can't get it

AM

BX
BM
CBX

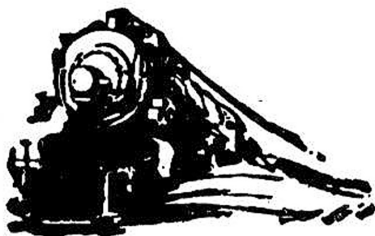
V
R

back, and I can't get a let - ter to my home.

AM

BX
BM
CBX

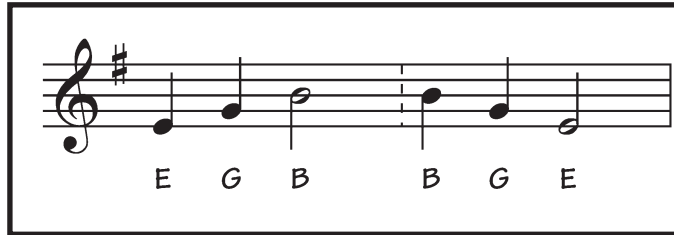
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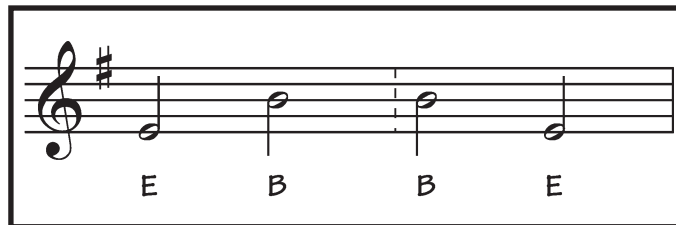
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TEACHING THE MELODY

- * Review recorder fingerings by playing the e minor triad up and down.



- * Practice playing the interval jump of a fifth.



- * Show visual of the melody and have class find, then play where the triads occur (beginning three notes and in measures 6-7).
- * Ask class to find, then play where the interval of a fifth occurs.
- * Place recorders on chin and finger the notes while speaking the note letter names; play song.

TEACHING THE ACCOMPANIMENT

- * Teach BX/BM/CBX with body instruments and rhythm syllables as follows:

- * Transfer the body percussion to bass instruments and play the song. Be sure to wait for the two pick-up notes in the melody.
- * On barred instruments, find B. In half notes, play the note above it [C], back to B, and then the note below it [A]. Transfer to AM and add the bass ostinato.
- * Add the Cabasa part; play and sing the song. (Maracas may be substituted for cabasa.)
- * Train Whistle may be added randomly.
- * Scrape fingernails in circles around the skin head of some hand drums to create the effect of an old steam engine.

