# Stand Up!

Songs by Michael Stern





E-Book

## Enjoy your preview of Michaels new songbook! Each song is is devoted to themes of justice and peace.

More from Michael at: https://bppub.net/Michael\_Stern

#### Foreword

In January 1973 I traveled across the country from Philadelphia to Spokane, Washington, to sit at the defense table with Michael during his trial for refusing to register for the draft. A few years earlier, before my own trial for draft resistance, I found that my draft card was burning a hole in my pocket. I felt personally responsible for the bombs Americans were dropping on Vietnam. I felt God asking me to put my body in the way of what my country was doing.

Our respective juries, it seems, were not greatly moved by these acts of solidarity with victims of war. Although we each faced a possible five years in prison, neither of us ended up in prison because our judges were moved by what we had done and said about it during our trials.

Too few Germans took a stand against their country's murder of millions of Jews, homosexuals, disabled people, Romany, unionists, and Communists. Too few Americans on the West Coast acted in solidarity with their Japanese American neighbors when they had their homes and businesses stolen from them and were shipped off to concentration camps. And too few white people in the South spoke out when Blacks in their towns were being lynched.

I believe the natural impulse for human beings is to care about their neighbors. If this is true, why do people so often fail to stand with those being threatened or oppressed? Why do we so often build walls around our hearts that block us from feeling love and connection with those who are suffering?

Walls like these grow from fear: Fear of what is different, of the stranger, of the "other," of whatever we are not accustomed to and comfortable with. Fear of feeling the pain that others are suffering. Fear that if we speak out then we, too, will become victims alongside those threatened by those in power.

This is why songs are so important. Songs go to a level in our being that is beneath the surface, beneath our intellect, beneath our defenses. Songs reach deep into our hearts and melt the walls that surround them. Songs plant seeds of empathy and love within us. Songs undermine intellectual excuses for doing nothing. Songs provide us with courage to act on our best impulses.

This is why songs have played a major role in social justice movements like the labor movement, the civil rights movement, the peace movement. Songs also help crack the walls of resistance around the hearts of many who are not directly involved in such movements.

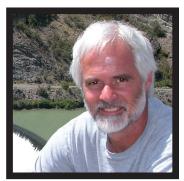
And this is why we need these beautiful, powerful songs that Michael writes. Listen to them. Sing them. Let them touch you in your core. Let them move you to stand in solidarity with people of color, the poor, immigrants and refugees, sexual minorities, and others facing violence and oppression around this country - and around the world.

Peter Blood, co-creator of Rise Up Singing and Rise Again songbooks

Peter Blood

Over the years, I've written many songs which, one way or another, are about standing up. Standing up for justice, peace, and the environment. Standing up for ourselves and for our beliefs. Standing up for each other.

But alongside themes of standing up (or in essence, making things happen), I was also creating a body of music about letting it happen, stepping back, and listening to nature, to one another, and to the Spirit. These songs welcome a contemplative ebb between waves of action.



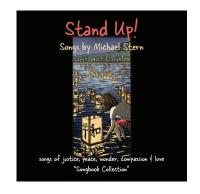
Along the way were love songs, personal struggles, sorrow, remembrances, wonder, and gratitude. We soon realized I had too many songs to include in a single volume, so plans are underway to compile second and third volumes to include my children's songs and songs based on biblical and spiritual themes.

This volume is devoted to themes of justice, peace, wonder, compassion, and love. I've made brief personal explanations about what inspired each song, included a few comments about writing songs and tried to present the music in a format accessible, readable, and singable for a variety of folk musicians, singers, and song leaders. Scores prepared here are simply melodies with chords, not fully arranged for piano or four-part harmony (though a few have been more fully arranged and are available elsewhere.) We have left the music here open to individual interpretation, creativity, and unique skill sets.

Included are fretboard diagrams for less familiar guitar chords, and non-standard tunings. I've also made program notes which will help you learn by playing along with the **Stand Up Songbook Collection** audio album included as downloads with the book and available separately at:

#### https://bppub.net/Michael\_Stern

I heard Pete Seeger at the Seattle Folklife Festival in 1997 when he made an impromptu appearance on a small stage. He talked about a project that he and others started in the late 1960's called the Clearwater.



They built a 106-foot wooden sailboat dedicated to cleaning up the river, and over the past 30 years they had made a lot of progress toward that end. "But..." he said, "... we still have a long way to go." He compared incremental victories of the Clearwater to those of the Civil Rights and Peace Movements and the struggle against apartheid in South Africa. "In spite of a whole lot of terrible things, these little victories encourage each one of us that there's still hope for the world - and we can make miracles happen." Then he said something else I've never forgotten. "It's one thing to get things like this started. But it's really something if you can keep it going."

That's what I hope this songbook will help us do together. Get something started AND keep it going.

Michael Stem

## Contents

Stand Up	8
Fight No More Forever	10
One World	12
You Don't Have to Carry a Gun	14
Take Only What You Can Carry	16
Each One's Different	18
As If the Flowers Knew	20
Higher Ground	22
Another's Woe	24
Everyone of Us Deserves a Home	26
Not in My Wildest Dreams	28
In Wonder	29
Dance	30
It's Nothing Fancy	32
High Tide	34
This Time	36
Never Alone	38
Then It Happens Again	40
The Moment	42
Let It Happen	44
Beauty	46
Beauty	47

### STAND UP



## ONE WORLD



## You Don't Have to Carry a Gun



## TAKE ONLY WHAT YOU CAN CARRY



### HIGHER GROUND



10 HIGHER GROUND

Devastating floods pounded the Midwest one time when I was driving across the country. Images of destruction were sometimes paired with inspiring scenes of neighbors lending a hand to those in need. Whether flood, fire, tsunami, earthquake or war, this song is about making our way together to *Higher Ground*.

To play with the recording, capo 2 & transpose to G. Keyboards transpose to A.

The black and white pictures below depict Seattle peacemakers in the late 1940's building Houses for Hiroshima.



1949 - Floyd Schmoe, Seattle Quaker Peace Activist, organized the Houses For Hiroshima Project which brought volunteers to build housing after WWII.



1949 - Daisy Tibbs, teacher and Rev. Emory Andrews, volunteers on Houses For Hiroshima Project



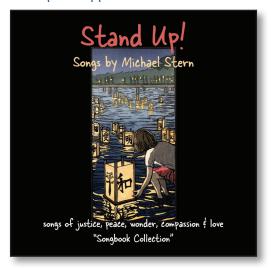
Habitat for Humanity brick line, Malawi 1998. photographer unknown



Michael and child receiving his new home, Malawi 1998 photographer unknown

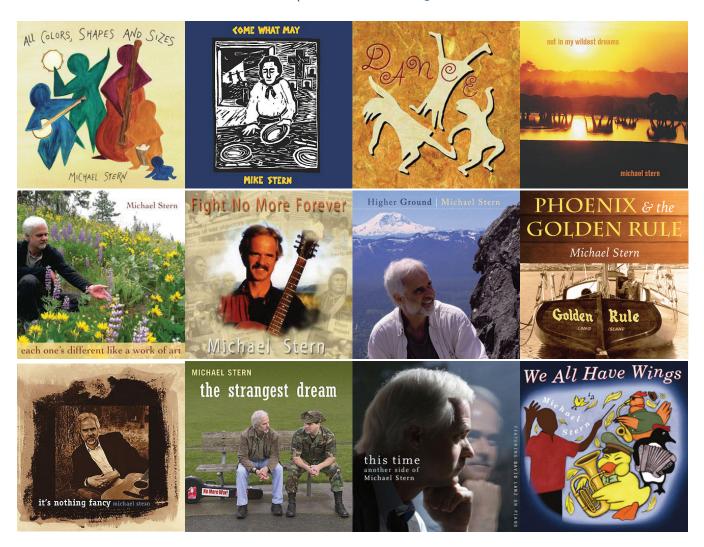
Recordings of all 21 songs in this book have been digitally re-mastered and are available in a new compilation **Songbook Collection** album included with this purchase as downloads or available separately at

https://bppub.net/Michael Stern



Look for Michael's CD's, singles and downloads at his website:

https://www.mikesongs.net



# songs of justice, peace, wonder, compassion, and love



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