

This FREE lesson plan is from Aimee's great book, Hands to Hands. Visit her webpage to purchase your copy today!

AVOCADO

4/4

Av - o-ca - do, av - o-ca - do is the name of the game. If you mess up the game, you

PALM PUSH
CLAP BOTH
CLAP L
CLAP R
CLAP OWN

The first line of music consists of a vocal line and a three-staff accompaniment line. The vocal line is in 4/4 time and contains the lyrics: "Av - o-ca - do, av - o-ca - do is the name of the game. If you mess up the game, you". The accompaniment line has three staves: the top staff is for Palm Push, the middle for Clap Both, and the bottom for Clap Left, Clap Right, and Clap Own. The rhythm is a simple 4/4 pattern of quarter notes.

4/4

have to change your name. A, B, C, D,

PALM PUSH
CLAP BOTH
CLAP L
CLAP R
CLAP OWN

The second line of music continues the vocal line with the lyrics: "have to change your name. A, B, C, D,". The accompaniment line follows the same 4/4 rhythm as the first line.

4/4

E, F, G, H, I, J,

PALM PUSH
CLAP BOTH
CLAP L
CLAP R
CLAP OWN

The third line of music continues the vocal line with the lyrics: "E, F, G, H, I, J,". The accompaniment line follows the same 4/4 rhythm.

4/4

K, L, M, N, O, P,

PALM PUSH
CLAP BOTH
CLAP L
CLAP R
CLAP OWN

The fourth line of music continues the vocal line with the lyrics: "K, L, M, N, O, P,". The accompaniment line follows the same 4/4 rhythm.

<https://singsmileplay.com>

AVOCADO

Q, R, S, T, U, V,

W, X, Y, Z!

PALM PUSH
CLAP BOTH
CLAP L
CLAP R
CLAP OWN

Contributed by L. Way, Southern United States.

* Game continues until someone makes a mistake in the clapping game; person who made the mistake is either called “avocado” for 10 minutes, or they choose a new name from the letter they made a mistake on; for “L” they could be called “Lily,” “Lucy,” “Leon,” for the next 10 minutes.

* One of my students just HAD to teach me this one; her cousin from Louisiana had taught it to her. It quickly became a favorite of my fourth grade students and then ran rampant through the entire school. Teachers at lunch had to “ban” it as students were playing and not eating! My students can’t get enough of this game, and upper elementary students love it!



Palm Push

Teacher Tip - Think of the Palm Push as an extension of the Clap Own so that once you clap your own hands, you keep the fingertips and thumbs together and push the palm out towards partner.

