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Cape Cod Girls

Objectives

- ✓ Sing traditional sea chantey.
- ✓ Identify forms, call and response and verse/refrain.
- ✓ Read and play eighth/sixteenth note rhythm combinations.

Teaching Process

- ✓ Teacher describes call and response form.
- ✓ Teacher sings entire song; students listen for responses “heave away” and “We are bound for Australia.”
- ✓ Teacher sings verse again; students sing along on “heave away” and “We are bound for Australia.”
- ✓ Make two groups. One group sings call with teacher; one group sings response. Switch parts.
- ✓ Repeat process for refrain.

Bass Xylophone Part

- ✓ Patsch chord bordun while singing entire song (assign one group call, one group response).
- ✓ Transfer patsch to bass xylophone.
- ✓ Perform with singers.

Bongos



- ✓ Students sightread rhythm of bongos part using syllables: ti – eighth note; ti-cka – sixteenth notes; ta – quarter notes.
- ✓ Patsch rhythm of measures one, two, and four on right knee and measure three on left leg while speaking syllables.
- ✓ Transfer to bongos; high drum on measures one, two, four; low drum on measure three.

Form

- ✓ Introduction: Bass xylophone plays for eight measures; bongos rest for four measures, then enter.
- ✓ Verse – Singers enter (call and response) and accompaniment continues.
- ✓ Refrain – Singers (call and response) and accompaniment
- ✓ Interlude – Bass xylophone and bongos continue.
- ✓ Verse
- ✓ Refrain

Extension

- ✓ Students create movement for Verse and Refrain Sections.
- ✓ Add more verses.

Cape Cod kids ain't got no sleds.
They slide down the hills on codfish heads.

Cape Cod girls ain't got no frills.
They tie their hair with codfish gills.

Cape Cod cats ain't got no tails.
They lost them all in the northeast gales.

Cape Cod folks don't have no ills.
Cape Cod doctors feed 'em codfish pills.



Cape Cod Girls

Sandy Lantz
Gretchen Wahlberg

Verse

Voice

Cape Cod girls, they have no combs, heave a - way, heave a - way. They

Bongo

Bass Xylophone

5

V

comb their hair with cod - fish bones. We are bound for Aus - tral - ia.

Bng.

BX

Refrain

9

V

Heave a - way my bul - ly, bul - ly boys. Heave a - way. Heave a - way.

Bng.

BX

13

V

Heave a - way, why don't you make some noise? We are bound for Aus - tral - ia.

Bng.

BX