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Layang Pasyak

Fishing Net with Shells

Cuyonon Folk Song

Arr. by Tiffany Unarce Barry

The musical score is arranged for a variety of instruments and voice. It is in 3/4 time and consists of two systems. The first system includes Voice/Recorder, Woodblock, Conga Drums, Alto Xylophone, and Bass Metallophone. The second system includes V/R, WB, CD, AX, and BM. The lyrics are written below the vocal line.

System 1 Lyrics:
 A - ko ay mi la - yang - pa - syak pa - nam - ban - tam - ban mi pa - ma - la - nak, po - ra -

System 2 Lyrics:
 bil a - ko ma - pi - lak kung na - ga u - rong - su - long ang da - gat. A - ko

This occupational song hails from the islands of Cuyo, which are located in Palawan province, the southeast archipelago adjacent to Luzon and Visayas. Palawan is considered one of the most beautiful tropical locations in the world and is also the largest producer of fish in the Philippines. This popular folk melody is sung in a dialect called Cuyonon and is about fishing for *tamban* and *banak*, which are native herring and mullet fish in Cuyo. The song is often sung and performed as a choreographed dance.

Suggested Grade Levels: Grades 3-5



Palawan is known for its richly biodiverse marine life, pristine blue-green waters, and white sandy beaches.



Materials Needed:

- * Barred Instruments
- * Woodblock
- * Conga Drums

Activity

- * Display Cuyonon words. Speak each phrase, students echo.

Cuyonon

*Ako ay mi layang pasyak
panama-tamban
mi pamalanak.
Porabil ako mapilak
kung naga urong-
sulong ang dagat.*

English:

I have a fishing net with shells
To catch tamban
and banak.
Before I cast the net
I wait for
the sea's tide to come in.

- * Sing Cuyonon phrases, students echo.
- * Share English translation
- * Sing each phrase again, students echo; sing whole song.

Extension

* NET TAG GAME

- ☞ Choose 6-8 students to be the net group and the rest of the students to be the fish.
- ☞ The net group stands in a circle holding hands. Children who are fish stand spread out outside of circle.
- ☞ Students sing the song two times with net group first circling left, then circling right.
- ☞ At end of song, Teacher taps one student in the net group to be the Shell. The Shell lets go of one hand, breaking the circle then tags as many fish as possible while the net follows behind intact.
- ☞ All caught fish join end of the net. If the net breaks, game starts again with net standing in a circle.



Going Deeper

- * Teacher picks two adjacent students in net group to break circle and be Shells catching fish on both ends. Caught fish quickly join the middle of the net.
- * Add barred instruments and recorders (see score).
- * Play melody; add bass and alto; add woodblock; add conga drums.
- * *Tamban* and *banak* are types of native fish in the Philippines. What types of fish are native to where you live? Discuss ways of catching them: fishing line and pole, catching with hands, spear-fishing, etc.
- * Small groups create movement stories about fishing in the sea. Perform with song in rondo form.

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